

Sisters of St. Francis of Assisi Wish List

Updated November 10, 2023



Thank you for your interest in supporting our retired Sisters living at St. Francis Convent. Below is a partial list of items that will enhance the physical, social, emotional, and spiritual health of our Sisters. These items are not covered by Medicaid or Medicare. Some of these items include:

- Innovative programs and products that help manage and reduce pain, discomfort, stress, and anxiety amongst Sisters suffering from dementia, Alzheimer's, and other neurological and cognitive disorders.
- Safety enhancements and transportation options that allow our retired Sisters living in their own apartments or shared homes to safely age in place.
- Programs and services that enhance the spiritual and intellectual life of our Sisters, keeping them connected to their faith and their mission of promoting human dignity and caring for creation.

Please contact Nancy Ketchman, Director of Advancement, if you have any questions about the Wish List. Naming Opportunities for programs and spaces, as well as a variety of planned giving opportunities to reduce your tax burden while also supporting the Sisters are also available. Nancy can be reached at 414-294-7329 or via email: nketchman@lakeosfs.org.

Thank you.

Item	Cost Per Item	Quantity Needed	Total Cost
Headphones for audio books	\$40	10	\$400
Craft Supplies	\$300	1	\$300
Virtual Reality headsets (goggles)	\$500	8	\$4,000
Wanderguard System for each room in our memory care unit to keep Sisters with Dementia or Alzheimer's disease safe	\$600	32	\$19,200
Computers with camera and speakers to keep our Sisters connected to family and friends	\$700	6	\$4,200
End-of-Life Comfort Cart to support Sisters and their families	\$1,000	2	\$2,000
Prizes for Bingo and other games	\$1,000	1	\$1,000
Wheelchair exercise bike	\$1,300	1	\$1,300
Lift recliners for Sisters' rooms	\$1,500	12	\$18,000
Large print books, audio books, new headphones for library	\$2,000	Varies	\$2,000
Musical instruments designed for Sisters with Alzheimer's Disease or Dementia	\$2,000	Varies	\$2,000
Yoga therapist and programming (annual cost)	\$2,000	1	\$2,000
Acupuncture therapy (annual cost)	\$2,000	1	\$2,000

Item	Cost Per Item	Quantity Needed	Total Cost
Massage therapist and programming (annual cost)	\$6,200	1	\$6,200
Music, creative arts, and movement programming (annual cost per program)	\$6,200	3	\$18,600
VR software annual subscription	\$4,200	1	\$4,200
VR projector	\$10,000	1	\$10,000
WhisperGLIDE wheelchair accessible glider	\$7,000	2	\$14,000
Renovation and materials for dedicated meditation room	\$10,000	1	\$10,000
Cycling Without Age Program (electric trishaw bike plus recruitment and training program for volunteer pilots/drivers)	\$25,000	1	\$25,000
Bathroom grab bars, shower chairs, taller toilet seats, and other safety enhancements for Sisters' apartments and homes to enable them to safely age in place	\$600-\$1,000	20	\$12,000-\$20,000
Electric stairlifts for several two-story homes shared by many of our retired Sisters	\$3,500	4	\$14,000
Wearable devices and medical alert systems to detect falls and contact emergency services	\$240	100	\$24,000
Funding for transportation options such as paratransit vehicles, taxi/Uber/Lyft fees, and bus/train passes when driving for Sisters living in the community becomes too risky due to hearing loss, fatigue, limited mobility, or loss of coordination.	\$10-\$20 per ride	unlimited	NA